



Next Career Step Challenge

When is the right time to consider a career change?

	POINTS
Are you excitedly anticipating your next project?	
5 points if you already know both your role and your next project. 3 points if you have an idea of the project but not your specific role (or visa-versa). 0 points if you have no idea what your next project will be	
Do you appreciate the people that surround you during the day?	
5 points if you look forward in co-creating with these people on a daily basis 3 points if you appreciate what they individually bring to the table, but you feel they slow you down. 0 points if you feel you do your best work alone.	
Are you comfortable giving your status reports and accomplishments to your manager?	
5 points - often. I look forward to sharing my discoveries and accomplishments to not only my manager but sibling departments and executives. 3 points - sometimes. I understand that status reports are valuable. I'm comfortable reporting via charts and memos, but not comfortable presenting my accomplishments to the executives. 0 points – never. I want to spend my time doing actual work. It's a waste of time because they never do anything with the information.	
Are you excited to go into the office and start your day? Are you energized at the end of the day?	
5 points - often. I feel I am really doing the things that I was meant to do. 3 points - sometimes. I'm energized and excited at the start of the day, but I rarely feel energized at the end of the day. I get interrupted often and distracted from the things I really want to accomplish. 0 points – never. It's just a paycheck. My real life begins after 5:00pm. I don't live to work. I work to live.	
Are you satisfied with the direction of your professional development?	
5 points – often. I am constantly learning new skills and discovering solutions. I feel my work is important to the community it serves. 3 points – sometimes. I'm satisfied, but I also want more. 1 points – rarely. I know there's something more out there for me.	
Total your points	

Scoring:

- 25 or greater points: You are in the right place at the right time. You are taking full advantage of what this position is offering you. Soon you will be advancing beyond what you can imagine today. Independent of your surroundings you feel empowered to design your own life and manifest your own destiny. You have high integrity and are often in aligned with your personal and professional mission and vision.
- 15-24 points: Although you are on the right road, you are not taking full advantage of everything that's available to you. You may be working to often with blinders. Consider meeting with a mentor, or career coach to brainstorm on other ways to get the most out of your current working environment.
- Below 15: Although you see the advantage of a consistent income, you're heart isn't in your current position. Even though you are doing the work, you are not shining. When you are not passionate about your job it shows. It is your lack of passion that prevents you from getting that promotion and raise that you deserve. Working with a mentor or career coach is highly recommended.

Bonus 10 points: I really want to make a change in my life. I want to regain that freedom, balance and passion about my work that I once had. I want to learn how to say **YES** to everything but on my own terms. I know that I am an empowered individual and I want to learn some techniques to better illustrate and feel that message.

For more information on the Corporate Exit Strategy Leadership and Time Management series

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